

STICKFORD VILLAGE NEWS

AND DIARY DATES

MAY 2025 ISSUE 107



Picture courtesy of Emma Latham

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Stickford Wellbeing Hub

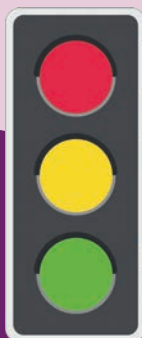
Our Wellbeing Hubs provide a safe and supportive space for those experiencing mental health and wellbeing challenges.

1ST SATURDAY OF THE MONTH | 9AM-12PM

**Wellbeing Walk from 10am (From 15 to 45 minutes)
in partnership with Lincolnshire Coop**

📍 Stickford Community Centre, PE22 8ES

David Bruce (Lead Community Connector)
07939 092 585, davidbruce23@nhs.net



Need urgent help now?

Call 111 select mental health option
In a life-threatening emergency call 999

General support

Mental Health Helpline (over 18): 0800 001 4331 (24/7)
Here4You Advice Line (children and young people):
0800 234 6342 (24/7)

Lincolnshire Talking Therapies:
www.lincolnshiretalkingtherapies.nhs.uk
Night Light Cafes: 0300 011 1200

Looking after yourself

HAY Lincolnshire website: haylincolnshire.co.uk
Every Mind Matters website: nhs.uk/every-mind-matters
Lincolnshire Recovery College: lrcf.nhs.uk/recovery-college



For more information

Call or WhatsApp our Community Connector. You can also find updates on our social media too.

H.A.Y. helping people find local resources for mental health and wellbeing. www.haylincolnshire.co.uk



Dear Reader

Welcome to the spring/summer edition of our newsletter! With longer days and brighter sunshine, our community is bursting with excitement for the season ahead. This edition is filled with updates, inspiring stories, and an event calendar you won't want to miss.

We're excited to share local achievements, upcoming projects, and ways to get involved—there's something for everyone, a chance to have your say in your village (see pages 9 and 22) and countless opportunities to connect, learn, and have fun! A big thank you to our contributors, advertisers, and volunteers for their incredible support.

So, grab a drink, find a cozy spot, relax, and enjoy this edition. Let's make it a season to remember!

Deadline for the next issue is **Friday 27th June 2025**. Please submit all copy to: newsletter@stickfordcc.uk

Advertising rates

If you would like to place an advertisement, contact us at newsletter@stickfordcc.uk to discuss your requirements. Please submit adverts/pictures in .jpg format in actual size. If you don't have an advert, please talk to us about how we can help you.

Join us for our 2025 Spring Fete Saturday 10th May 2pm – 6pm

Fun for the whole family – food, drink and ice cream, dancing, games, stalls, tombola, raffle, refreshments and loads more. So come and join us.

Step Back into the 1940s!

Saturday 7th June 7pm – 10pm

Step into the glamour of the 1940s with our dinner and dancing evening! Embrace the nostalgia of wartime tunes and timeless classics while dressed in your finest retro attire. A special prize awaits the best-dressed guest—don't miss this enchanting night of vintage charm!

Picnic in the Dark

Saturday 19th July 7pm – 9.30pm

Come along for a delightful indoor picnic accompanied by the wonderful music of the ever-popular Partney Singers. A perfect blend of good food, great company, and fantastic entertainment awaits!

Quiz Night – Saturday 26th July - Doors open 6.15pm, Quiz at 7pm

Join us for a fun-filled evening! Doors open at 6:15 pm. Entry is just £4 per person, with teams of 4–6 people. Be sure to reserve your table in advance! Refreshments will be available before the event and during the break. Don't miss out on the excitement! Call Jennie on 07966 139641.

STICKFORD VILLAGE NEWS

is produced four times a year and delivered to all homes in Stickford and can be emailed to those in surrounding areas. We also welcome contributions from all residents.

Please contact us at newsletter@stickfordcc.uk

FOCUS ON A LOCAL BUSINESS

This quarter, we invited **Charlotte Morris** from **Hair by Charlotte** to talk to us about hairdressing and starting a business from home whilst balancing family life and running a household.

Making connections and building trust

Hi, I'm Charlotte, a 31-year-old hairdresser, proud mum of two beautiful children aged 1 and 4, and the owner of a cozy home-based salon tucked away in the lovely village of Stickford.

Hairdressing has always been my passion—something I knew I loved from the start. Fourteen years ago, fate guided me back to this dream after an attempt at A-levels left me feeling unwell and unsure of my path. I began my journey as an apprentice in a salon, where I trained and worked for four years. At just 21, I took the brave leap to become self-employed as a mobile hairdresser, building a client base from scratch and learning the ropes of business ownership.

Years later, my partner and I bought our first home, which sparked the idea of creating a permanent space for my business—a cabin in my garden! Since opening my salon in July 2020, I haven't looked back. I offer a relaxed, one-on-one experience



that my wonderful clients truly appreciate.

I'm passionate about evolving my craft through training, particularly online education, which is a blessing for busy mums like me. My specialties include foil work, creating low-maintenance, natural lived-in looks, and bridal and occasion styling—a focus I've polished with courses as I prepare for wedding seasons.

Balancing work, family life, and running a household isn't always

easy, but having my salon just steps away from home makes it possible. Adjusting my schedule to three days a week with a late-night has allowed me to free up weekends for family time or bridal bookings.

Despite challenges like the rising cost of living and navigating maternity leave, I feel incredibly fortunate to do what I love. Social media has become a key to showcasing my work, though word

of mouth remains the heart of my business. Hairdressing is about more than styling—it's about connection, trust, and making people feel their best.

That's what I strive to bring to every appointment in my cozy cabin: a shoulder to lean on, a confidant, a friend. And that's why I love what I do!

Charlotte

07419 140696

COMPUTER SECURITY

Many of us rely on computers daily, and concerns about safety, security, or even whether our devices have enough memory can understandably cause stress. Adding to this, Microsoft will end support for Windows 10 on 14th October 2025. To help us understand what this means, we turned to Simon Cooper of East Coast Business Solutions for his expert insights.

With no more security updates or program updates your machine will be left exposed if it is connected to the internet.

The transition away from Windows 10 raises important questions, such as how to keep your computer secure, whether you'll need to upgrade to Windows 11, and how to ensure a smooth transition. We can help and advise you on what steps to take to ensure your device

remains safe and efficient in the years ahead.

To see if your machine is able to run Windows 11 you should download and run the PC Health Checker by going to <https://aka.ms/GetPCHealthCheckApp> and following the prompts to download and install the app.

If you would like one of our engineers to look at your computer and to give you advice, we offer a discounted call out cost of just £30 within a 30-mile radius of Boston. We offer both new and refurbished Windows 11 computer towers from just £200 and new Laptops from Dell or Lenovo.

Call us now on 01205 358821 or email info@ecbs.biz

Simon Cooper
Your local IT specialist

Sniff, Sniff, Sniffing Sniffari

Those of us of a particular age, may remember the lyrics to a certain 60's song "Surf, Surf, Surfing Safari" by a well-known California group The Beach Boys. While this has nothing to do with the article, this article aims to introduce you to a different way of exercising your dog, one that allows your dog to make the decisions, think independently and can help them build confidence-the "Sniffari".

The Sniffari is a walk where your dog chooses the pace and route. It is a scent-based exploration walk which is different from a "normal" dog walk as you allow your dog to explore the world and all its glories by way of smells, pleasant and unpleasant! It lets dogs be dogs and is good for their quality of life and their mood.

Through sniffing and reading "pee-mails", a dog can find out who has been there, if they know them or not, whether they are male or female, entire or neutered and what mood the other dog was in, all from a single sniff.

Sniffing is very tiring work and uses

up both physical and mental energy. Twenty minutes of sniffing is equal to approximately one hour of walking in terms of enrichment.

Let's look at how a "sniffari" walk differs from your "normal" walk. First, it is important to remember that dog's lives are dictated by the owners, for example when they eat, when they go out. All those decisions are made by us. The key aspect of the sniffari walk is choice. Choice for the dog. It isn't a walk for training or physical exercise per se. Let go of all of that and embrace the slow paced, meandering nature of a dog following scents and allow them to go

where they want to go if it is safe and legal.

Now that we know the difference between a sniffari and your normal walk, let's look at what is needed and how you go about starting this new kind of walk.

1. Use a long, soft lead of approximately 3-5 metres. DO NOT use an extending lead. If it is appropriate, you can sniffari off



**by Jeri Omlo
BSc. M.Ed**

- lead but only if your dog's recall is perfect and it is safe to do so.
2. Many people use a harness for a sniffari walk. If you choose to do so and normally walk your dog on a harness, try to find a harness that is different so that your dog can distinguish a "normal" walk from a "sniffari" walk. They will learn this very quickly.
 3. Choose a safe location: park, woods, countryside, trail. Walk on grass or soil rather than pavement. The best places are where there are plenty of smells such as other dogs, animals, birds, events. The sniffari can be done at any time, but after rain is great as the rain releases the scents.
 4. Let your dog lead the way. Don't walk in a straight line but follow the dog. You will probably find yourself meandering and zigzagging. Remember the sniffari walk is slower than your average dog walk and is about quality for the dog not quantity. Take your time and give your dog time to collect and process all the sensory information.
 5. Take your time and don't interrupt your dog when they are sniffing.

That's it! Very, very easy to do and very rewarding for the dog. Smelling and sniffing leaves many dogs more content and tired than after a walk when they are on the move all the time as they can't take it all in. Meandering and sniffing sessions on

a long lead lower the dog's pulse and release the mood-boosting chemical dopamine. Remember to social distance with courtesy and focus on your dog, not scrolling your social media accounts. Have a go! Your dog will thank you for it! Humans are about the destination, dogs are more about the journey!

• *If you have any health or behavioural issues with your dog, please contact your Veterinarian or Qualified Behaviourist or Trainer as the first point of contact. If there are topics you would like Jeri to address in future issues, contact her directly at jeriomlo@aol.com.*

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WHAT'S HAPPENING AT STICKFORD COMMUNITY CENTRE (SCC)

Registered Charity No. 516274

Tuesday, 24th June – Annual General Meeting

Join us for our AGM and find out what's happening at your community centre. Your support and participation make a real difference. With some committee members retiring, we're seeking enthusiastic individuals to join our team. Your involvement could help us organize exciting events and activities, ensuring this treasured space continues to serve everyone in the village. Everyone is welcome!

Saturday, 10th May 2pm – 6pm Spring Fete

Saturday, 7th June 7pm – 10pm Step Back into the 1940s!

Saturday, 19th July 7pm – 9:30pm Picnic in the Dark

Saturday, 26th July 7pm Quiz Night

First Saturday of Every Month Wellbeing Hub

has moved to Saturday mornings. Join us from 9am-12 noon for a supportive space dedicated to mental health and wellness. Enjoy light refreshments, board games, family crafts, and a refreshing wellbeing walk from 10am (15–45 minutes).



Community Contributions & Achievements

We're delighted to announce that the SCC has earned a Food Hygiene Rating of 5! Huge thanks to Loraine and the team for their efforts in achieving this amazing milestone.



We have also secured funding from East Lindsey District Council through the ELIF GRASSroots Grant Scheme distributed via Lincolnshire Community Foundation for:

- Upgrading the fuse board and lighting system for energy efficiency.
- Installing a fire alarm system for enhanced safety.
- Making our storage garage watertight and secure.
- Adding internal noticeboards to display upcoming events and community updates.



Our Thanks

A heartfelt thank you to all our volunteers who helped and everyone who supported our recent fundraising events: the Table Top Sale, Mothering Sunday Tea, and Greek Night as well as the regular monthly Bingo evenings. Proceeds from these efforts, after expenses, have been vital for the upkeep of our community centre. Thank you too, to everyone who donated gifts for our raffles and tombolas and who have provided items such as banners, plant pots, soft toys and traffic cones. Together, we're making a difference—thank you!

Fundraising Goals

- Additional funds are still needed for repointing the older part of the building to prevent water damage.
- Purchasing two table trollies and a chair trolley for easier furniture management and preventing accidents.

Stickford Community Centre Your ideal venue!

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events, conferences, and more!*

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Contact Loraine: 07419 322837



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- Installing external noticeboards to keep everyone informed about events.
- Updating kitchen equipment and painting the hall.

How You Can Help Support Our Fundraising Efforts:

- Sign up to: selcplottery.co.uk and get a chance to win up to £25,000 every week!
- Shop with a purpose at: easyfundraising.org.uk. Search for "Stickford Community Centre" to support us at no extra cost when you shop with your favourite brands.

Donations Welcome

We're seeking prize donations for our raffles and tombolas at upcoming events. Your generosity goes a long way in making our community events a success. To donate a prize: Contact us at events@stickfordcc.uk or 07419 322837.

Recycle & Repurpose

Got unwanted **clothing, handbags, belts, or shoes**? Bring them to the clothing bank in our car park and make a positive impact on the environment. Your contributions not only help recycle and repurpose items but also support the continued success of Stickford Community Centre. Thank you for helping us keep SCC thriving as a cherished space for all.

Strength training for a stronger & more confident you *by Francesca of PureGrit PT*

Strength training and eating properly to maintain your muscle mass, is one of the most important things you can do for your current and future self. Long gone are the days when it was only aimed at bodybuilders or the male population. As you get older, without regularly including weight loaded exercise and protein, your muscle mass declines; this increases pain in your body and difficulties in your day-to-day tasks. Walking, standing up from a chair, carrying your shopping, picking something up - these things should not cause aggravation. Personal training and strength-based classes are a brilliant way of ensuring you are exercising correctly and safely, for your lifestyle and needs! Please come join our sessions or call me to discuss further: 07494 789055.

WANT STRENGTH, STABILITY & CONFIDENCE IN YOUR BODY?

I'M HERE FOR YOU!



Current classes @ Stickford Community Centre:

Strength Circuits - Wednesdays 6pm, £12
Over 55's Strength & Stability - Thursdays 1pm, £7

Prefer 1-1 or small group sessions?

Personal training sessions combine bodyweight, banded and weighted exercises; tailored to your wants and needs, for overall better health and strength (brain and body!).



Puregritpt365@gmail.com

07494789055

See website for more info or drop me a message via whatsapp/ email to chat!



Puregritpt.com



@Puregrit.pt



YouTube.com/Puregritpt

News from St Helen's Church

Many people think Easter ends on Easter Day when Jesus is resurrected. However, in the church that is just the beginning of the Easter season. Following his resurrection Jesus then appears to his disciples on a number of occasions before ascending to heaven to be with his Father. Then on 8th June we celebrate Pentecost which is when we commemorate the Holy Spirit descending upon the disciples and other followers.

Rev Judith Simons

The church is open daily for prayer, reflection, or browsing the book corner, with tea and coffee available. Services are held on the second and fourth Sundays each month, with refreshments after. The Children's Corner offers a table, chairs, toys, and a play mat for everyone to enjoy.

The Bookshop

Thank you for supporting our bookshop! Feel free to browse and enjoy tea or coffee while you're in church. Books have no fixed prices, but donations (cash or contactless) are appreciated. Some pass books to friends, others return them for resale.

We welcome book donations in the listed genres, but kindly ensure they are in good condition and from smoke-free homes. Please note, we cannot accept magazines or damaged books, including hardbacks without dust jackets. Our current categories are: General Fiction

- Action/Adventure Thrillers
- Classics
- Romance Based Fiction
- Novels for Teens
- Autobiographies (new for 2025)
- Children's books
- War – Fiction
- Historical Fiction
- War – Non-fiction

Village Market

Our Village market on the third Saturday of the month from 10am-12noon is a bustling hub of activity, offering an array of local produce (including Steeping Sausages, Rita's Jewellery, nik naks, crafts, fruit and veg, local honey) and community spirit, perfect for connecting with neighbours and supporting small businesses. Refreshments are available and there is always a tombola.

To book a stall or for further information, please contact Barbara Pearson on 07423 056337.

TOMBOLAS

Thank you for your ongoing support in providing prizes for our events!

We kindly welcome donations of toiletries, gifts, chocolates, and other new, good-condition items (in date where applicable). Prizes can be handed to Barbara Pearson or left in the church on the back pew near the main door, clearly labelled as tombola prizes. Your generosity is truly appreciated!

Misericords in St Botolph's Church, Boston

Pelican in her piety

The medieval Bestiary (or Physiologus) is the source of inspiration for much of the carving in stone and wood in many ancient cathedrals and churches. It is as old as the fifth century and describes a series of (moral) beasts and is based on the writings of the Roman, Pliny. Many of the beasts described in it are rather different from real animals, the pelican being one of them.

The pelican in her piety is one of the most common and is the basis of many variations of the main story. This is that the pelican is feeding her young or bringing them back to life with blood drawn from her breast. In the latter case, the chicks have been killed by their parent after the chicks struck their parents in the



face. After three days, the mother opens her breast and brings them back to life with her blood. This is a symbol of redemption. "Christ ascended the Cross and was struck in the side: blood and water came forth for our salvation and to give us eternal life".

Dr. Alan Pethybridge

Stickford Local History Group announcement

The Stickford Local History Group was founded by Cheryl Steel some 25 years ago and has flourished under her dedicated leadership. During this time, the group has attracted visitors from a 15-mile radius, hosted engaging talks on Lincolnshire's history as well as enjoyed many historical outings. Cheryl and the history group have authored four books on the history of Stickford as far back at World War I, showcasing her passion and commitment.

As Cheryl steps down, we express our heartfelt gratitude for her remarkable dedication and tenacity. The group is now seeking someone to carry on this important work. If you're interested in taking on this role, please contact Ken Richard on 01205 481467.

South Ormsby Estate

Spring has sprung at South Ormsby Estate. The birds are singing, the trees are budding and we're getting ready for the Lincolnshire Wolds Outdoor Festival in May.

For 2025, we've devised a festival programme that will thrill, fascinate and enchant! Visitors can choose between a leisurely amble or a proper hike. They can take a peek inside the Massingberd-Mundy Distillery, check on the progress of our vineyard or get acquainted with our native-breed Lincoln Red cattle. They can even get acquainted with our varied birdlife by



day or our wonderful owls in the twilight. Preparing to host the distillery tour is our new Master Distiller, Ed Gibson. "The second I saw South Ormsby Estate for myself, I was sold," said Ed. "The sustainability message is important to me, as is the idea of bringing skills back to an area. The world needs more local trades, including, of course, local distillers! It doesn't hurt that the Massingberd Arms does a good pint!"

To check out our Lincolnshire Wolds Outdoor Festival programme, readers should head to: <https://www.south-ormsbyestate.co.uk/guided-walks-at-south-ormsby-estate/> Friends of South Ormsby Estate receive special discounts and regular newsletters.

For readers interested in Wolds wildlife, data from our bird sensors can be viewed at any time here: [https:// app.birdweather.com/stations/5526](https://app.birdweather.com/stations/5526)

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St Barnabas Hospice Grand Auction!

Saturday, June 14th



**Doors open for viewing 12:00pm at
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Bidding starts at 1:30pm**

FANTASTIC
raffle and tombola prizes!

**Homemade refreshments
served from 12:00pm**

**All proceeds go directly to St. Barnabas Hospice.
Please come along, grab a bargain, have a laugh
and support a great charity!**



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ENTRY**

**SATURDAY 10TH MAY
2PM TO 6PM**

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Taking Care of your Feet

by Vinnie Wardell, Dip CFHP MPSPract

Proper foot care is essential for maintaining health and quality of life, especially for the elderly. Each foot contains 26 bones, 33 joints, and over 100 muscles, ligaments, tendons, and nerves, underscoring its complexity. Foot pain and injuries can hinder mobility, balance, and daily activities.

Six key tips for healthy feet:

1. Daily Inspection: Check for changes like cuts, redness, swelling, or sores.
2. Toenail Care: Keep nails trimmed to avoid pain and infection.

3. Moisturisation: Prevent cracks by regularly moisturising, ensuring it's fully absorbed.
4. Proper Footwear: Wear well-fitting shoes to protect your feet and avoid falls or skin issues.
5. Circulation: Massage feet and elevate legs for better blood flow.
6. Diabetes Awareness: Monitor changes in feet to prevent serious complications.

Prioritize foot care to improve over all health and mobility.

For assistance, contact Vinnie Wardell on 01205 844422 or 07377 411321.

50 years of organic farming

by Pam Bowers of Strawberry Fields

*We love celebrating the incredible achievements and dedication of local people. This time, we're excited to feature **Pam Bowers of Strawberry Fields**, who has reached an amazing milestone—50 years of organic farming! Pam kindly joined us to share her inspiring story and journey....*

It was by accident rather than design that we came to organic farming. We moved from a housing estate in Hertfordshire to follow the self-sufficiency dream: goats, a sow, assorted poultry; but there were still bills to pay: water, electric, running a

vehicle, so we began selling our surplus of home-grown vegetables, unsprayed of course as we wouldn't have considered otherwise and that is how Strawberry Fields Organic Produce came into being.

Five of the six houses on Scarborough Bank were family farms/council smallholdings. Today there is just us with the surrounding land being farmed by larger concerns. We were very much classed as "foreigners" then and must have been thought of as pains in the butt, arriving with our organic principles, high ideals and not much



idea. We objected to their straw burning, their aerial spraying - both banned now along with some of those sprays too. The supermarkets latched onto organics, which is mainstream farming nowadays, but in the beginning, it was muck and magic and the preserve of hippies.

Somewhere in the story my ex and



I parted company, and my youngest sons Clyde and Dicken came into the business as 2nd generation farmers. We've expanded our acreage by adding outlying fields. The high-tech machinery geared to our method of production and the legislative hoops we have to jump through would be unimaginable when we started out in 1975.

The majority of our produce is distributed beyond the county, but you can support local business by finding it at Four Seasons Fruit and Vegetables in Spilsby or by pre-ordering for collection from the farm.

This June we celebrate 50 years of organic growing. It has been a rollercoaster ride, we've weathered many a storm, both meteorologically and otherwise. With ever escalating labour problems post-Brexit and an unsupportive government, it is unclear what the future will look like.

Pam Bowers 07990 974525

Strawberry Fields

To sign up to our weekly availability list, email Pam at strawberryfields75@outlook.com

Hair By
Charlotte

Stickford, Boston, Lincolnshire.
 For enquiries or to book an appointment please contact me on one of the following:
 Mobile: 07419140696
 Facebook: Hair by Charlotte
 Instagram: Charlotte Morris

Stickford Charities

Stickford Relief in Need Charity makes school clothing grants in the summer term to parents of children aged 4-16 (plus older children who still need to wear a school uniform) living in the parish of £75 per child to be spent at Nationwide School Uniforms in Spilsby or in the school shoe and uniform department at Oldrids Downtown.

The vouchers can be split in £25 amounts between either Oldrids Downtown or NSU as parents prefer. Vouchers will be handed out on 22nd July 2025.

Please contact Mrs Pam Bryant, Beauport, Cul-de-sac, Stickford for an Application Form which will need to be completed and returned by Sunday 29th June 2025.

If you have any queries, please call Mrs Bryant on 01205 480410.

NSU vouchers will have to be spent by the end of September 2025. The Oldrids vouchers can, as usual, only be spent in the following Oldrids Downtown departments: school clothing and children's shoes. These departments may not be available at Oldrids over the Christmas period. Recipients will be asked to sign for each Oldrids voucher received against the specific number of vouchers issued to ensure this can be

tracked as having been spent in the correct departments only. This is to comply with our charitable status.

If you do not wish to spend your vouchers in the relevant departments at Oldrids Downtown, please do not apply for their vouchers.

Stickford Relief in Need Charity exists to provide financial help for those in need living in the parish of Stickford, as well as providing school clothing vouchers, birth grants and cash payments to pensioners and others in need at Christmas. The Trustees welcome applications from any resident for assistance with, for example, repair bills, funeral expenses, aids for disabled people etc.

The Charity also once again provides a bus service once a month - to Boston on the second Wednesday and Horncastle on the fourth Thursday of alternate months, for those without access to their own transport and those who can show a genuine need to use the service, even if they have their own transport as well. If you would be interested in using the revived bus service on this basis please contact any of the Trustees:

Pam Bryant, Beauport, Cul de Sac, Stickford - 01205 480410

John Howlett, The Bungalow, Cole Lane, Stickford - 01205 481361

Wendy Morley, Church View, Church Road, Stickford - 01205 480474

Helen Edwards, Magers Farm, Back Lane, Stickford - 07932 717553

Rev Fran Jeffries, The Vicarage,
Church Street, Spilsby PE23 5EF -
01790 752526. (See page 28 for
Charity Bus destinations and dates.)

Stickford Educational Charity has recently widened its charitable purposes as follows: "To support by financial grants any educational objectives, including for equipment, books, courses and experiences, for people of any age resident in the Parish of Stickford (including those normally resident but attending university or college elsewhere) and means tested if the Trustees in their

discretion so require."

The Trustees would welcome applications for any educational grants covered by this wider wording.

Applications for anything other than the school clothing vouchers should be made in writing to the Clerk to the Trustees, Mrs Katherine Bunting at The Old Vicarage, Church Road, Stickford, Boston, PE22 8EP or by email to katherine.bunting@chattertons.com.

The next meeting of the Trustees is on Wednesday 21 May 2025.

FROM OUR COUNCILLORS...

The Annual Meeting of the Parish will be held on Tuesday, 13th May 2025 at 7:30 PM in the Community Centre. Residents of Stickford Parish are invited to discuss ideas and issues. Notes from this meeting will be presented at the Parish Council meeting on Tuesday, 20th May, where councillors are re-elected.

There are two vacancies on the Parish Council. If you're interested in

joining, attend a meeting to learn more or contact the Parish Clerk.

An Agricultural Allotment, 2.25 acres along Fen Road, will be available for rent from 1st October 2025. Originally purchased 100 years ago by the Parish Council, this land is for local residents without farmland. For details, including terms, conditions, and costs, please contact the Parish Clerk.

.....
Your Parish Councillors and their chosen method of direct contact :

Chairman :	Lesley Reeson :	07903 833460
Vice Chairman :	John Howlett :	01205 481361
	Pam Bryant :	01205 480410
	Clive Kingswood :	cllr.clive.kingswood@gmail.com or 07852 180972
	Tony French :	cllrfrench@gmail.com or 07765 868436
Parish Clerk :	Nicki George :	stickfordparishclerk@gmail.com or 07796 771036

Stickford War Memorial Clock

by John Howlett, Vice Chairman

You may have noticed that unfortunately the war memorial clock has not been working over the winter months. However, in the time that will have elapsed since my writing this and you reading it the clock will hopefully be working again.

You may recall that the clock components were returned to site in June 2023 following a complete overhaul, refurbishment and new replacement parts. The reinstalled clock workings took some time to settle working intermittently to start with but continuously from April last year until towards the end of November. The clock stopped then as a result of the very cold and frosty weather. Water accumulated on the dials which froze and stopped the mechanism. I have tried several times to restart the clock but, on each occasion, it has run for less time as there is no power to keep it

going. When discussing with the clock company they said this would have been as a result of the frost damage. Our clock company have suggested the dials could be protected by fixing a cover glass although this would be subject to a site assessment, the cost would be approximately £1000 for which the Parish Council would need to fund raise and the approval of Heritage England would be needed as the memorial itself is a listed building. We would need reassurance that the fixing of the cover glass would be a solution to the problem we have had from this winter.

The other option is to run the clock as " a summer clock" say from the beginning of April to following Remembrance Sunday in November for the clock to be operational for our Remembrance service. The clock repairs were guaranteed for twelve months and the replacement parts for ten years. Our clock company offer an annual maintenance/service contract the cost of which has been very kindly covered by a donation from a resident in the village. I have agreed with the clock company that our horologist will be coming back to site in April to inspect the clock and to get it working again under the terms of the service contract.

.....
Cllr Terry Taylor JP, ELDC
ELDC Rep for Halton Hologate
M. 07368 538099
E. terry.taylor@e-lindsey.gov.uk
Cllr Wendy Bowkett
Executive Member for Adult Care
and Public Health
M. 07917494478
E. cllrw.bowkett@lincolnshire.gov.uk

Events – all at Stickford Community Centre unless otherwise specified

WEEKLY EVENTS

Wednesdays:

Friendly Darts

at the Red Lion

Strength Circuit

with Francesca 6pm

Thursdays:

Coffee Morning

from 10.30 – 12 noon
at the Church

Strength & Stability

with Francesca 1pm
(not June 12th)

Cash Bingo

7pm at the Red Lion

Sundays:

Meat Raffle

4pm followed by
Open the Box draw
at the Red Lion

MAY

Thursday 1st:

Polling Day at Stickford
Community Centre

Saturday 3rd:

Wellbeing Hub

9am – 12 noon

Sunday 4th: Lizzie &

The Sandboys 2pm -

5pm Playing a mix of
classics including Fleet-
wood Mac and The Roll-
ing Stones at the Red
Lion

Saturday 10th:

Spring Fete 2pm – 6pm

Monday 12th:

Ladies Circle 1.30pm

Visitors welcome. No
speaker this month but
the ladies will be enjoy-
ing a friendly group quiz.

Monday 12th:

Prize Bingo

Doors open 6.45pm,
eyes down 7.30pm

Tuesday 13th:

Keal's Club from 2pm

Last year the members
enjoyed the chair exer-
cise with Debbie who
will come along for
another session.

Tuesday 13th:

Annual Meeting of the Parish 7.30pm

Where residents are
invited to come and
discuss ideas and issues.

Thursday 15th:

Stickford Local

History Group 7.30pm
From Hollywood to Hell
and Back: The story of
one man's war by An-
drew Grant.

Saturday 17th:

Village Market

10am-12 noon at St.
Helen's Church

Sunday 18th:

Girl Gone Rockin'

2pm-6pm Rock n roll
and Rockabilly band
at the Red Lion

Tuesday 20th: Parish

Council Meeting and AGM 7.30pm

Wednesday 21st:

Relax and Craft

from 9am – 3pm

JUNE

Sunday 1st June:

Mixed Blessings

2pm-5pm A fantastic
duo featuring ex-Drifters
singer Nigel on vocals,
singing a wide range of
favourites at the Red
Lion

**Saturday 7th:
Wellbeing Hub**

9am – 12 noon

**Saturday 7th:
1940's Extravaganza**

7.30pm

**Monday 9th:
Stickford Ladies**

Social Circle 1.30pm.
Wiltshire Foods will be talking about the various foods and delivery options they have. There will also be a tasting of various meals.

Tuesday 10th:

Keal's Club from 2pm.
Officer Tibble from the RNLI will talk about the service RNLI Skegness gives to the public

**Saturday 14th:
St Barnabas Auction**

Open for viewing from 12 noon. Bidding starts at 1.30pm

**Wednesday 18th:
Relax and Craft**

from 9am – 3pm

**Saturday 21st:
Village Market**

10am-12 noon at St. Helen's Church

**Sunday 22nd June:
Country Day**

2.30pm Meg McPartlin,
5pm Rascallion at the Red Lion

**Monday 23rd:
Prize Bingo**

Doors open 6.45pm,
eyes down 7.30pm

**Tuesday 24th: SCC
AGM & meeting**

7.30pm

JULY

**Saturday 5th:
Wellbeing Hub**

9am – 12 noon

**Sunday 6th July:
Don't Look Down**

2pm-5pm
60s, 70s, 80s Motown
Northern Soul and more
at the Red Lion

**Tuesday 8th:
Keal's Club**

2pm Members will bring their unwanted items to a club auction. Followed by tea and cake.

**Tuesday 8th:
Parish Council**

Meeting from 7.30pm.
The first 15 minutes is open to residents for any questions/inquiries.

**Monday 14th:
Stickford Ladies**

Social Circle 1.30pm.
The club will be having their Annual General Meeting which will be followed by an auction.

**Wednesday 16th:
Relax & Craft**

Open from 9am – 3pm

**Saturday 19th:
Village Market** from 10am-12 noon at St Helen's Church

**Saturday 19th:
Picnic in the Dark**

from 7.30pm

**Saturday 19th:
Gone Shootin'**
8pm onwards
AC/DC Tribute band for Katie's Birthday at the Red Lion

**Monday 21st:
Prize Bingo**

Doors open 6.45pm,
eyes down 7.30pm

**Saturday 26th:
Quiz Night** Doors Open 6.15pm Quiz at 7pm. £4 a person 4/6 person team.

MORNING WORSHIP

will be held at
Stickford and
Stickney churches at
11.15am as follows
unless otherwise
stated:

4th May Stickney
11th May Stickford
18th May Stickney
25th May Stickford
1st June Stickney
8th June Stickford
15th June Stickney
22nd June Stickford
29th June
at 10.30am Spilsby
6th July Stickney
13th July Stickford
20th July Stickney
27th July Stickford

To Let:

*Two-acre grass
paddock in
Stickford.
Interested?
Please contact
Pam Tom on
01790 763297.*

What's On Locally...

With school holidays fast approaching, it can be helpful to know what's happening and where to go to suit each member of the family. While the list below isn't exhaustive, it's here to lend a helping hand.

Spilsby – monthly fair style events from 10am-4pm across the middle marketplace:

3rd May - 1940s

theme ready for VE 80th anniversary

7th June - Summer Solstice theme

5th July - Steampunk

2nd May Fashion

Show at the Victory Hall, Partney at 7 pm. Tickets are £7 to include wine, nibbles

and cheese and are available at the Green House or on the door at the evening.

9th May Fashion

Show at St Peter's Hall, Woodhall Spa, hosted by the Woodhall and District Flower Club. Tickets available on the door.

17th May/13th July Spilsby Teenage Market, Spilsby Marketplace

24th May – Louth Outdoor Festival,

Louth Town Centre

31st May – Louth Teenage Market,

Louth Marketplace

28th June – Vintage on Sea, Sutton on Sea High Street

For further details, explore the websites below for ideas on places to visit, activities to try, dog-friendly spots, dining options, and much more. Have fun and enjoy!

allevents.in/Lincolnshire
boston-england.co.uk
embassytheatre.co.uk
lincolncastle.com
magnavita.org

nationaltrust.org.uk
thehiveskegness.co.uk
visitlincolnshire.com
visitlincscoast.co.uk
visitlincoln.com

THE PUB, CLUBS & INTEREST GROUPS

THE RED LION.....

A true haven for pie lovers! From delicious traditional pies and suet puddings to gluten-free, vegetarian, and vegan options (with a separate fryer for coeliacs), there's something for everyone. Don't miss their new 8oz 90% steak beef burgers and tender chicken fillet burgers, served from 4pm to 8pm—dine in or take away. May kicks off their outdoor band season, featuring a variety of music from classic rock and northern soul to country and heavy metal. A feast for both your taste buds and your ears! And don't forget the regular activities: **Wednesday Friendly Darts; Thursday Bingo from 7pm - Cash Prizes! and on Sunday Meat Raffle 4pm followed by Open the Box draw.**

The Clubs...

STICKFORD LADIES SOCIAL CIRCLE meet at Stickford Community Centre at 1:30pm on the

second Monday of each month. Visitors welcome £2. Throughout the year, we host a variety of speakers, enjoy various outings, and organize several fundraising events. For more information: Teresa on 07471 932821.

THE KEALS CLUB is for the over 50s from the surrounding villages. The club meets every 2nd Tuesday of the month, from 2pm-4pm, and enjoys speakers and demonstrations, together with raffles, auctions, and game afternoons. Afterwards there are refreshments and a chance to chat. Visitors welcome £2. For more information: Dawn on 07907 053128.

Interest Groups

STICKFORD LOCAL HISTORY GROUP

There will be a meeting on 15th May (see events diary on page 24). For June and July, outings are planned and will be announced soon. For further information

please contact Ken Richard 01205 481467.

RELAX AND CRAFT GROUP

This group meets on the 3rd Wednesday of every month. Admission is £3.50, which includes unlimited drinks and a complimentary raffle ticket. They hold four inexpensive workshops a year. For information contact Sharon on 07505 494355 or Karen on 07474 933667.

The Stickford Walking Group meet every Thursday at Thistledown, The Cul-de-Sac at 9.30am. Call Clive 07852 180972 or email: cllr.clive.kingswood@gmail.com Additionally come along to one of our Wellbeing Walks, held on the first Saturday of the month starting at 10am. Enjoy a stroll that lasts 15–45 minutes in a supportive and friendly atmosphere, perfect for boosting your wellbeing, while connecting with others and exploring the outdoors.

USEFUL INFORMATION

Police

Non-emergency: 101

Emergency: 999

spilsby.npt@lincs.pnn.police.uk

Website: www.lincs.police.uk

Twitter: @SpilsbyPolice

Childline: 0800 1111

Website: www.childline.org.uk

Domestic Abuse

Helpline: 0808 2000 247

www.nationaldahelpline.org.uk

Samaritans: 116 123

NHS Mental Health Matters 24/7:

0800 0014331

Text SHOUT to 85258

Doctors

Stickney Surgery 01205 480237

Get directed to the best place
for help with your symptoms: 111

Spilsby 01790 728111

Pilgrim Hospital 01205 364801

Taxi

Lanes Travel Stickney

07766 448849

Post Office Van: The Post Office van calls at the Red Lion car park every Monday morning between 11.30am and 12.30pm. You can buy stamps and cards, post letters and parcels and do your everyday banking.

Charity Bus Dates:

14th May to Boston, 12th June to Horncastle and 9th July to Boston.

QUIZ NIGHT

SATURDAY, 26th JULY

AT 7:00pm

Doors open 6:15pm

£4 per person / 4-6 a team

*Refreshments available
before & midway
you may also bring your
own drinks & nibbles*

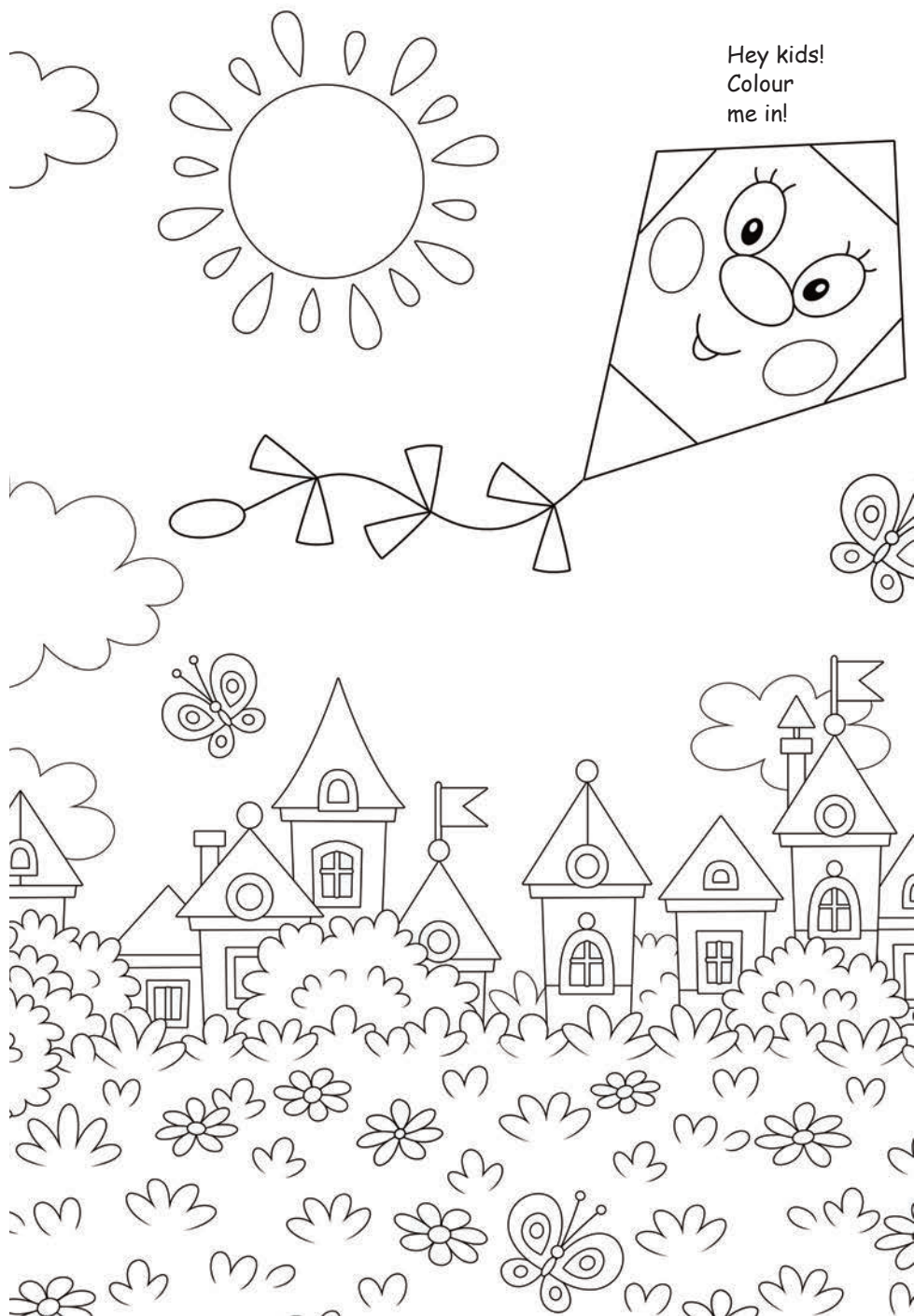
**The proceeds of the Quiz
will go to a charity to be
confirmed**

Organised by the Stickford Village defibrillator team

Teams must enter/ limited space - please contact Jennie

07966 139641

Hey kids!
Colour
me in!



Spring Wordsearch!

X L L B K D B B Y L F R E T T U B O N E L L O P
 J K N L T V T H U N D E R S T O R M K H N S C K
 R S O O S A W V G X K K K R G G Q F R H A A H A
 G R L F D R N C X O R W G M H T A N E W N A X K
 N B Q L T F K R R Q L W Y K S F V Q Q D I S U F
 I B M M Q L I K M O O L B E K X D A F F O D I L
 N A S A P L I N G N V R E T S A E B Y L H D R A
 A B X K X Y X O S I E L T R F S S Y E W C F B R
 E Y R G P X E Z I A C R A D B R Z S F V A X G Y
 L A X A O Z L J R R Y S K J Q E D S D Q B W N V
 C N Y O E E L L A P H G I S W W L A H O U V I Q
 G I T O L Z Q U I P C G H S H O X R R G L R L M
 N M L Y E R X C N G T E C E H L C G R K B I L F
 I A L L T B P K B T A V M E C F N H L J S A E N
 R L W G S G P Y O U H S M B P C H I C S A T M I
 P S O R A D J C W Z N F Z C L O N Q Z F X H S B
 S P L D P L O L D Y N N U B L Y S M M G O M T O
 A U E J N B W O K M T E J L H Y N O M R A H E R
 H S Y X X L Z V Y N Q I P J U I S A K X T F E I
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 E N O G X X O J C S U N S H I N E P E O Z Z K S
 T E F V K H L M U C G N I P R I H C N I B N P Z

Spring cleaning
 sweet-smelling
 thunderstorm
 lucky clover
 invigorating
 baby animals
 blossoming
 butterfly

sunshine
 chirping
 daffodil
 sapling
 harmony
 flowers
 rainbow
 grassy

pastel
 joyful
 Easter
 pollen
 robin
 chics
 bloom
 bunny

bulbs
 hatch
 eggs
 bees
 anew
 rain



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www.clarityhomecare.co.uk/boston

01205 386 086



The Green House
Fashion Boutique



Ladies Fashion Boutique
SPILSBY

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stock so many beloved brands, Lily & Mc,
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of lovely accessories

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special events.



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38 High Street, Spilsby,
PE23 5JH
TEL: 01790 753765
MOB: 07740 880118
Info@greenhousegh.co.uk



TRADITIONAL BELL TARGET

SPILSBY PAVILLION

ANCASTER AVE, PE23 5HL

EVERY 2ND & 4TH Monday of the Month from 7.45pm

Dates exclude Bank Holidays

Ready, Aim, Fire!

12th May 2025

9th June 2025

23rd June 2025

14th July 2025

28th July 2025

11th August 2025

8th September 2025

22nd September 2025

13th October 2025

27th October 2025

10th November 2025

24th November 2025

8th December 2025



This is Traditional Bell Target Shooting.....All Welcome, no experience necessary, free training, very friendly club, come and have a go, only £4.00 per person, first night free.

Equipment included for beginners